

# PK KB LIM 26: Session: 3: COACH evaluation sheet for TEAM: DMB

Coachinfo: Warming up from: 08:30 untill 09:25. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

| Event number: 19: 100M MEDLEY MEN 11+       |           |           |           |           | Heat:1, starttime: 09:30           |
|---------------------------------------------|-----------|-----------|-----------|-----------|------------------------------------|
| Heat: 1/7 Lane : 4 Athlete: SEGERS MATHIS   |           |           |           |           | Q-time: 01:52:36                   |
| PB (25m pool): 01:52.36 Beringen 16/03/2025 |           |           |           |           | PB (50m pool): no time SB: no time |
|                                             | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                    |
| PB                                          |           | no time   |           | 01:52.36  |                                    |
|                                             | no time   |           |           |           |                                    |
|                                             | . . . . . | . . . . . | . . . . . | . . . . . |                                    |

Coach feedback:

| Event number: 19: 100M MEDLEY MEN 11+             |           |           |           |           | Heat:2, starttime: 09:33           |
|---------------------------------------------------|-----------|-----------|-----------|-----------|------------------------------------|
| Heat: 2/7 Lane : 6 Athlete: BIESIADECKI ALEXANDER |           |           |           |           | Q-time: 01:38:58                   |
| PB (25m pool): 01:38.58 Bilzen 25/01/2026         |           |           |           |           | PB (50m pool): no time SB: no time |
|                                                   | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                    |
| PB                                                |           | no time   |           | 01:38.58  |                                    |
|                                                   | no time   |           |           |           |                                    |
|                                                   | . . . . . | . . . . . | . . . . . | . . . . . |                                    |

Coach feedback:

| Event number: 19: 100M MEDLEY MEN 11+        |                   |           |           |           | Heat:3, starttime: 09:35           |
|----------------------------------------------|-------------------|-----------|-----------|-----------|------------------------------------|
| Heat: 3/7 Lane : 2 Athlete: NIJS VIKTOR      |                   |           |           |           | Q-time: 01:28:41                   |
| PB (25m pool): 01:28.41 Eindhoven 28/06/2026 |                   |           |           |           | PB (50m pool): no time SB: no time |
|                                              | 2 5 M             | 5 0 M     | 7 5 M     | 1 0 0 M   |                                    |
| PB                                           |                   | 00:40.68  |           | 01:28.41  |                                    |
|                                              | 00:40.68 00:47.73 |           |           |           |                                    |
|                                              | . . . . .         | . . . . . | . . . . . | . . . . . |                                    |

Coach feedback:

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| Event number: 19: 100M MEDLEY MEN 11+        |         |         |       |          | Heat:3, starttime: 09:35           |
|----------------------------------------------|---------|---------|-------|----------|------------------------------------|
| Heat: 3/7 Lane : 3 Athlete: JORISKES GIJS    |         |         |       |          | Q-time: 01:24:51                   |
| PB (25m pool): 01:24.51 Eindhoven 28/06/2026 |         |         |       |          | PB (50m pool): no time SB: no time |
|                                              | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                    |
| PB                                           |         | no time |       | 01:24.51 |                                    |
|                                              | no time |         |       |          |                                    |
|                                              | .....   | .....   | ..... | .....    |                                    |

Coach feedback:

| Event number: 19: 100M MEDLEY MEN 11+        |         |         |       |          | Heat:3, starttime: 09:35           |
|----------------------------------------------|---------|---------|-------|----------|------------------------------------|
| Heat: 3/7 Lane : 8 Athlete: SEGERS FERRE     |         |         |       |          | Q-time: 01:29:18                   |
| PB (25m pool): 01:29.18 Eindhoven 28/06/2026 |         |         |       |          | PB (50m pool): no time SB: no time |
|                                              | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                    |
| PB                                           |         | no time |       | 01:29.18 |                                    |
|                                              | no time |         |       |          |                                    |
|                                              | .....   | .....   | ..... | .....    |                                    |

Coach feedback:

| Event number: 19: 100M MEDLEY MEN 11+           |         |         |       |          | Heat:4, starttime: 09:37           |
|-------------------------------------------------|---------|---------|-------|----------|------------------------------------|
| Heat: 4/7 Lane : 7 Athlete: FERREIRA CRAVO ENZO |         |         |       |          | Q-time: 01:20:76                   |
| PB (25m pool): 01:20.76 Bree 31/05/2026         |         |         |       |          | PB (50m pool): no time SB: no time |
|                                                 | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                    |
| PB                                              |         | no time |       | 01:20.76 |                                    |
|                                                 | no time |         |       |          |                                    |
|                                                 | .....   | .....   | ..... | .....    |                                    |

Coach feedback:

| Event number: 19: 100M MEDLEY MEN 11+     |         |         |       |          | Heat:5, starttime: 09:39           |
|-------------------------------------------|---------|---------|-------|----------|------------------------------------|
| Heat: 5/7 Lane : 8 Athlete: BOSMANS VINCE |         |         |       |          | Q-time: 01:15:77                   |
| PB (25m pool): 01:15.77 Bree 31/05/2026   |         |         |       |          | PB (50m pool): no time SB: no time |
|                                           | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                    |
| PB                                        |         | no time |       | 01:15.77 |                                    |
|                                           | no time |         |       |          |                                    |
|                                           | .....   | .....   | ..... | .....    |                                    |

Coach feedback:

# PK KB LIM 26: Session: 3: COACH evaluation sheet for TEAM: DMB

| Event number: 19: 100M MEDLEY MEN 11+    |         |         |       |          | Heat:7, starttime: 09:42           |
|------------------------------------------|---------|---------|-------|----------|------------------------------------|
| Heat: 7/7 Lane : 4 Athlete: METTEN VINCE |         |         |       |          | Q-time: 00:59:57                   |
| PB (25m pool): 00:59.57 Bree 31/05/2026  |         |         |       |          | PB (50m pool): no time SB: no time |
|                                          | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                    |
| PB                                       |         | no time |       | 00:59.57 |                                    |
|                                          | no time |         |       |          |                                    |
|                                          | .....   | .....   | ..... | .....    |                                    |

Coach feedback:

| Event number: 19: 100M MEDLEY MEN 11+        |         |         |       |          | Heat:7, starttime: 09:42           |
|----------------------------------------------|---------|---------|-------|----------|------------------------------------|
| Heat: 7/7 Lane : 7 Athlete: VEESTRAETEN MATS |         |         |       |          | Q-time: 01:03:61                   |
| PB (25m pool): 01:03.59 De Sprink 04/06/2023 |         |         |       |          | PB (50m pool): no time SB: no time |
|                                              | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                    |
| PB                                           |         | no time |       | 01:03.59 |                                    |
|                                              | no time |         |       |          |                                    |
|                                              | .....   | .....   | ..... | .....    |                                    |

Coach feedback:

| Event number: 20: 200M FREESTYLE WOMEN 13+  |          |          |          |          |       | Heat:2, starttime: 09:48            |       |          |
|---------------------------------------------|----------|----------|----------|----------|-------|-------------------------------------|-------|----------|
| Heat: 2/6 Lane : 1 Athlete: FRANSSSEN EMILY |          |          |          |          |       | Q-time: 02:38:92                    |       |          |
| PB (25m pool): 02:38.92 Bilzen 25/01/2026   |          |          |          |          |       | PB (50m pool): 02:44.04 SB: no time |       |          |
|                                             | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0    | 1 2 5 | 1 5 0                               | 1 7 5 | 2 0 0 M  |
| PB                                          |          | 00:36.38 |          | 01:17.60 |       | no time                             |       | 02:38.92 |
|                                             | 00:36.38 |          | 00:41.22 |          |       |                                     |       |          |
|                                             | .....    | .....    | .....    | .....    | ..... | .....                               | ..... | .....    |

Coach feedback:

| Event number: 20: 200M FREESTYLE WOMEN 13+ |          |          |          |          |       | Heat:3, starttime: 09:51            |       |          |
|--------------------------------------------|----------|----------|----------|----------|-------|-------------------------------------|-------|----------|
| Heat: 3/6 Lane : 1 Athlete: LUDWICZAK LENA |          |          |          |          |       | Q-time: 02:31:57                    |       |          |
| PB (25m pool): 02:31.57 Bilzen 25/01/2026  |          |          |          |          |       | PB (50m pool): 02:35.16 SB: no time |       |          |
|                                            | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0    | 1 2 5 | 1 5 0                               | 1 7 5 | 2 0 0 M  |
| PB                                         |          | 00:34.24 |          | 01:13.57 |       | no time                             |       | 02:31.57 |
|                                            | 00:34.24 |          | 00:39.33 |          |       |                                     |       |          |
|                                            | .....    | .....    | .....    | .....    | ..... | .....                               | ..... | .....    |

Coach feedback:

# PK KB LIM 26: Session: 3: COACH evaluation sheet for TEAM: DMB

| Event number: 20: 200M FREESTYLE WOMEN 13+          |           |           |           |                                    |           |           | Heat:3, starttime: 09:51 |           |
|-----------------------------------------------------|-----------|-----------|-----------|------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 3/6   Lane : 3   Athlete: VANHEESWIJCK AMELEA |           |           |           |                                    |           |           | Q-time: 02:25:68         |           |
| PB (25m pool): 02:26.89   Bilzen 25/01/2026         |           |           |           | PB (50m pool): 02:25.68SB: no time |           |           |                          |           |
|                                                     | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                              | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                                  |           | 00:32.23  |           | 01:09.90                           |           | no time   |                          | 02:26.89  |
|                                                     | 00:32.23  |           | 00:37.67  |                                    |           |           |                          |           |
|                                                     | . . . . . | . . . . . | . . . . . | . . . . .                          | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 20: 200M FREESTYLE WOMEN 13+      |           |           |           |                                    |           |           | Heat:3, starttime: 09:51 |           |
|-------------------------------------------------|-----------|-----------|-----------|------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 3/6    Lane : 4    Athlete: JORISKES LORE |           |           |           |                                    |           |           | Q-time: 02:24:00         |           |
| PB (25m pool): 02:24.00    Temse 17/11/2025     |           |           |           | PB (50m pool): 02:32.00SB: no time |           |           |                          |           |
|                                                 | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                              | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                              |           | 00:33.01  |           | 01:09.62                           |           | 01:47.30  |                          | 02:24.00  |
|                                                 | 00:33.01  |           | 00:36.61  |                                    | 00:37.68  |           | 00:36.70                 |           |
|                                                 | . . . . . | . . . . . | . . . . . | . . . . .                          | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 20: 200M FREESTYLE WOMEN 13+      |           |           |           |                                    |           |           | Heat:3, starttime: 09:51 |           |
|-------------------------------------------------|-----------|-----------|-----------|------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 3/6    Lane : 6    Athlete: BOUSSON JULIE |           |           |           |                                    |           |           | Q-time: 02:26:03         |           |
| PB (25m pool): 02:26.03    Hasselt 12/10/2025   |           |           |           | PB (50m pool): 02:30.98SB: no time |           |           |                          |           |
|                                                 | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                              | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                              |           | 00:33.02  |           | 01:11.18                           |           | 01:49.51  |                          | 02:26.03  |
|                                                 | 00:33.02  |           | 00:38.16  |                                    | 00:38.33  |           | 00:36.52                 |           |
|                                                 | . . . . . | . . . . . | . . . . . | . . . . .                          | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 20: 200M FREESTYLE WOMEN 13+           |           |           |           |                                    |           |           | Heat:4, starttime: 09:54 |           |
|------------------------------------------------------|-----------|-----------|-----------|------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 4/6    Lane : 1    Athlete: SCHOUTEDEN NIENTKE |           |           |           |                                    |           |           | Q-time: 02:23:34         |           |
| PB (25m pool): 02:23.34    Hasselt 12/10/2025        |           |           |           | PB (50m pool): 02:23.76SB: no time |           |           |                          |           |
|                                                      | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                              | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                                   |           | 00:32.73  |           | 01:09.57                           |           | 01:47.61  |                          | 02:23.34  |
|                                                      | 00:32.73  |           | 00:36.84  |                                    | 00:38.04  |           | 00:35.73                 |           |
|                                                      | . . . . . | . . . . . | . . . . . | . . . . .                          | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

# PK KB LIM 26: Session: 3: COACH evaluation sheet for TEAM: DMB

| Event number: 20: 200M FREESTYLE WOMEN 13+        |           |           |           |                                     |           |           | Heat:5, starttime: 09:57 |           |
|---------------------------------------------------|-----------|-----------|-----------|-------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 5/6    Lane : 2    Athlete: THEUWISSEN NORE |           |           |           |                                     |           |           | Q-time: 02:19:60         |           |
| PB (25m pool): 02:19.60    Bilzen 25/01/2026      |           |           |           | PB (50m pool): 02:19.85 SB: no time |           |           |                          |           |
|                                                   | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                               | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                                |           | 00:32.01  |           | 01:07.80                            |           | no time   |                          | 02:19.60  |
|                                                   | 00:32.01  |           | 00:35.79  |                                     |           |           |                          |           |
|                                                   | . . . . . | . . . . . | . . . . . | . . . . .                           | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 20: 200M FREESTYLE WOMEN 13+     |           |           |           |                                     |           |           | Heat:6, starttime: 10:00 |           |
|------------------------------------------------|-----------|-----------|-----------|-------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 6/6    Lane : 7    Athlete: WEVERS GITTE |           |           |           |                                     |           |           | Q-time: 02:15:42         |           |
| PB (25m pool): 02:15.42    Hasselt 12/10/2025  |           |           |           | PB (50m pool): 02:15.95 SB: no time |           |           |                          |           |
|                                                | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                               | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                             |           | 00:32.25  |           | 01:06.94                            |           | 01:42.14  |                          | 02:15.42  |
|                                                | 00:32.25  |           | 00:34.69  |                                     | 00:35.20  |           | 00:33.28                 |           |
|                                                | . . . . . | . . . . . | . . . . . | . . . . .                           | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 21: 100M BUTTERFLY MEN 13+         |           |           |                                    |           | Heat:1, starttime: 10:03 |
|--------------------------------------------------|-----------|-----------|------------------------------------|-----------|--------------------------|
| Heat: 1/4 Lane : 1 Athlete: BEIJNSBERGER MATHIJS |           |           |                                    |           | Q-time: 01:21:84         |
| PB (25m pool): no time                           |           |           | PB (50m pool): 01:21.84SB: no time |           |                          |
|                                                  | 2 5 M     | 5 0 M     | 7 5 M                              | 1 0 0 M   |                          |
| PB                                               |           | no time   |                                    | no time   |                          |
|                                                  | no time   |           |                                    |           |                          |
|                                                  | . . . . . | . . . . . | . . . . .                          | . . . . . |                          |

Coach feedback:

| Event number: 21: 100M BUTTERFLY MEN 13+          |           |           |                                    |                  | Heat:1, starttime: 10:03 |
|---------------------------------------------------|-----------|-----------|------------------------------------|------------------|--------------------------|
| Heat: 1/4    Lane : 2    Athlete: WALTERUS KILYAN |           |           |                                    | Q-time: 01:16:71 |                          |
| PB (25m pool): 01:16.71    Hasselt 12/10/2025     |           |           | PB (50m pool): 01:21.88SB: no time |                  |                          |
| PB                                                | 2 5 M     | 5 0 M     | 7 5 M                              | 1 0 0 M          |                          |
|                                                   |           | 00:33.87  |                                    | 01:16.71         |                          |
|                                                   | 00:33.87  |           | 00:42.84                           |                  |                          |
|                                                   | . . . . . | . . . . . | . . . . .                          | . . . . .        |                          |

Coach feedback:

# PK KB LIM 26: Session: 3: COACH evaluation sheet for TEAM: DMB

| Event number: 21: 100M BUTTERFLY MEN 13+     |          |          |          |          | Heat:1, starttime: 10:03            |
|----------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 1/4 Lane : 4 Athlete: GEUTJENS MAXIME  |          |          |          |          | Q-time: 01:14:35                    |
| PB (25m pool): 01:14.35 Herentals 09/05/2026 |          |          |          |          | PB (50m pool): 01:17.59 SB: no time |
|                                              | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                           |          | 00:34.58 |          | 01:14.35 |                                     |
|                                              | 00:34.58 |          | 00:39.77 |          |                                     |
|                                              | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 21: 100M BUTTERFLY MEN 13+     |          |          |          |          | Heat:3, starttime: 10:07            |
|----------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 3/4 Lane : 2 Athlete: VANDIJCK SAMUEL  |          |          |          |          | Q-time: 01:08:17                    |
| PB (25m pool): 01:09.55 Herentals 09/05/2026 |          |          |          |          | PB (50m pool): 01:08.17 SB: no time |
|                                              | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                           |          | 00:31.25 |          | 01:09.55 |                                     |
|                                              | 00:31.25 |          | 00:38.30 |          |                                     |
|                                              | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 21: 100M BUTTERFLY MEN 13+     |          |          |          |          | Heat:3, starttime: 10:07            |
|----------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 3/4 Lane : 3 Athlete: TIELEN SANDER    |          |          |          |          | Q-time: 01:06:85                    |
| PB (25m pool): 01:06.85 Herentals 09/05/2026 |          |          |          |          | PB (50m pool): 01:08.82 SB: no time |
|                                              | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                           |          | 00:30.99 |          | 01:06.85 |                                     |
|                                              | 00:30.99 |          | 00:35.86 |          |                                     |
|                                              | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 21: 100M BUTTERFLY MEN 13+   |          |          |          |          | Heat:3, starttime: 10:07            |
|--------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 3/4 Lane : 4 Athlete: DAEMEN TUUR    |          |          |          |          | Q-time: 01:04:69                    |
| PB (25m pool): 01:04.69 Hasselt 12/10/2025 |          |          |          |          | PB (50m pool): 01:06.40 SB: no time |
|                                            | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                         |          | 00:29.34 |          | 01:04.69 |                                     |
|                                            | 00:29.34 |          | 00:35.35 |          |                                     |
|                                            | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

# PK KB LIM 26: Session: 3: COACH evaluation sheet for TEAM: DMB

| Event number: 21: 100M BUTTERFLY MEN 13+        |          |          |                                     |          | Heat:3, starttime: 10:07 |
|-------------------------------------------------|----------|----------|-------------------------------------|----------|--------------------------|
| Heat: 3/4 Lane : 6 Athlete: DRIESEN SIEBE       |          |          |                                     |          | Q-time: 01:07:30         |
| PB (25m pool): 01:07.24 3500 Hasselt 20/10/2024 |          |          | PB (50m pool): 01:09.16 SB: no time |          |                          |
|                                                 | 2 5 M    | 5 0 M    | 7 5 M                               | 1 0 0 M  |                          |
| PB                                              |          | 00:30.43 |                                     | 01:07.24 |                          |
|                                                 | 00:30.43 |          | 00:36.81                            |          |                          |
|                                                 | .....    | .....    | .....                               | .....    |                          |

Coach feedback:

| Event number: 21: 100M BUTTERFLY MEN 13+ |          |          |                                     |          | Heat:3, starttime: 10:07 |
|------------------------------------------|----------|----------|-------------------------------------|----------|--------------------------|
| Heat: 3/4 Lane : 8 Athlete: DAEMEN JUUL  |          |          |                                     |          | Q-time: 01:09:65         |
| PB (25m pool): 01:09.65 Bree 31/05/2026  |          |          | PB (50m pool): 01:13.40 SB: no time |          |                          |
|                                          | 2 5 M    | 5 0 M    | 7 5 M                               | 1 0 0 M  |                          |
| PB                                       |          | 00:31.76 |                                     | 01:09.65 |                          |
|                                          | 00:31.76 |          | 00:37.89                            |          |                          |
|                                          | .....    | .....    | .....                               | .....    |                          |

Coach feedback:

| Event number: 21: 100M BUTTERFLY MEN 13+     |          |          |                                     |          | Heat:4, starttime: 10:08 |
|----------------------------------------------|----------|----------|-------------------------------------|----------|--------------------------|
| Heat: 4/4 Lane : 1 Athlete: EVENS VINCE      |          |          |                                     |          | Q-time: 01:03:96         |
| PB (25m pool): 01:03.96 Herentals 09/05/2026 |          |          | PB (50m pool): 01:04.87 SB: no time |          |                          |
|                                              | 2 5 M    | 5 0 M    | 7 5 M                               | 1 0 0 M  |                          |
| PB                                           |          | 00:29.84 |                                     | 01:03.96 |                          |
|                                              | 00:29.84 |          | 00:34.12                            |          |                          |
|                                              | .....    | .....    | .....                               | .....    |                          |

Coach feedback:

| Event number: 21: 100M BUTTERFLY MEN 13+     |          |          |                                     |          | Heat:4, starttime: 10:08 |
|----------------------------------------------|----------|----------|-------------------------------------|----------|--------------------------|
| Heat: 4/4 Lane : 3 Athlete: EVENS MATS       |          |          |                                     |          | Q-time: 01:02:01         |
| PB (25m pool): 01:02.01 Herentals 09/05/2026 |          |          | PB (50m pool): 01:03.10 SB: no time |          |                          |
|                                              | 2 5 M    | 5 0 M    | 7 5 M                               | 1 0 0 M  |                          |
| PB                                           |          | 00:28.42 |                                     | 01:02.01 |                          |
|                                              | 00:28.42 |          | 00:33.59                            |          |                          |
|                                              | .....    | .....    | .....                               | .....    |                          |

Coach feedback:

# PK KB LIM 26: Session: 3: COACH evaluation sheet for TEAM: DMB

| Event number: 22: 100M BREASTSTROKE WOMEN 11-12 |          |          |          |          | Heat:1, starttime: 10:10            |
|-------------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 1/4 Lane : 2 Athlete: SMEETS ELLA         |          |          |          |          | Q-time: 01:55:17                    |
| PB (25m pool): 01:55.17 Bree 31/05/2026         |          |          |          |          | PB (50m pool): 02:00.48 SB: no time |
|                                                 | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                              |          | 00:54.09 |          | 01:55.17 |                                     |
|                                                 | 00:54.09 |          | 01:01.08 |          |                                     |
|                                                 | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 22: 100M BREASTSTROKE WOMEN 11-12 |          |          |          |          | Heat:2, starttime: 10:13            |
|-------------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 2/4 Lane : 5 Athlete: MOORS CALISTA       |          |          |          |          | Q-time: 01:41:32                    |
| PB (25m pool): 01:41.32 Bree 31/05/2026         |          |          |          |          | PB (50m pool): 01:43.28 SB: no time |
|                                                 | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                              |          | 00:49.20 |          | 01:41.32 |                                     |
|                                                 | 00:49.20 |          | 00:52.12 |          |                                     |
|                                                 | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 22: 100M BREASTSTROKE WOMEN 11-12 |          |          |          |          | Heat:2, starttime: 10:13            |
|-------------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 2/4 Lane : 8 Athlete: SCHROOTEN LIEN      |          |          |          |          | Q-time: 01:47:62                    |
| PB (25m pool): 01:47.62 Herentals 09/05/2026    |          |          |          |          | PB (50m pool): 01:46.08 SB: no time |
|                                                 | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                              |          | 00:50.97 |          | 01:47.62 |                                     |
|                                                 | 00:50.97 |          | 00:56.65 |          |                                     |
|                                                 | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 22: 100M BREASTSTROKE WOMEN 11-12 |          |          |          |          | Heat:3, starttime: 10:15            |
|-------------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 3/4 Lane : 2 Athlete: NULENS AZZURRA      |          |          |          |          | Q-time: 01:37:55                    |
| PB (25m pool): 01:37.55 Bree 21/12/2025         |          |          |          |          | PB (50m pool): 01:38.56 SB: no time |
|                                                 | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                              |          | 00:46.65 |          | 01:37.55 |                                     |
|                                                 | 00:46.65 |          | 00:50.90 |          |                                     |
|                                                 | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

# PK KB LIM 26: Session: 3: COACH evaluation sheet for TEAM: DMB

| Event number: 22: 100M BREASTSTROKE WOMEN 11-12 |          |          |          |          | Heat:3, starttime: 10:15            |
|-------------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 3/4 Lane : 4 Athlete: BIANCHI MAIA        |          |          |          |          | Q-time: 01:34:35                    |
| PB (25m pool): 01:34.35 Eindhoven 28/06/2026    |          |          |          |          | PB (50m pool): 01:31.71 SB: no time |
|                                                 | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                              |          | 00:44.84 |          | 01:34.35 |                                     |
|                                                 | 00:44.84 |          | 00:49.51 |          |                                     |
|                                                 | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 22: 100M BREASTSTROKE WOMEN 11-12           |          |          |          |          | Heat:4, starttime: 10:17            |
|-----------------------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 4/4 Lane : 3 Athlete: BEIJNSBERGER LOUISE           |          |          |          |          | Q-time: 01:29:86                    |
| PB (25m pool): 01:29.86 Stedelijk Zwembad Geel 15/02/2026 |          |          |          |          | PB (50m pool): 01:33.46 SB: no time |
|                                                           | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                                        |          | 00:41.97 |          | 01:29.86 |                                     |
|                                                           | 00:41.97 |          | 00:47.89 |          |                                     |
|                                                           | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 22: 100M BREASTSTROKE WOMEN 11-12 |          |          |          |          | Heat:4, starttime: 10:17            |
|-------------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 4/4 Lane : 7 Athlete: VAN EYGEN LOUISE    |          |          |          |          | Q-time: 01:32:78                    |
| PB (25m pool): 01:32.78 Eindhoven 28/06/2026    |          |          |          |          | PB (50m pool): 01:30.92 SB: no time |
|                                                 | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                              |          | 00:44.45 |          | 01:32.78 |                                     |
|                                                 | 00:44.45 |          | 00:48.33 |          |                                     |
|                                                 | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 22: 100M BREASTSTROKE WOMEN 11-12 |          |          |          |          | Heat:4, starttime: 10:17            |
|-------------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 4/4 Lane : 8 Athlete: BEIJNSBERGER JULIE  |          |          |          |          | Q-time: 01:33:50                    |
| PB (25m pool): 01:33.50 Eindhoven 28/06/2026    |          |          |          |          | PB (50m pool): 01:37.68 SB: no time |
|                                                 | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                              |          | 00:44.84 |          | 01:33.50 |                                     |
|                                                 | 00:44.84 |          | 00:48.66 |          |                                     |
|                                                 | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

# PK KB LIM 26: Session: 3: COACH evaluation sheet for TEAM: DMB

| Event number: 23: 100M BACKSTROKE MEN 11+ |          |          |          |          | Heat:1, starttime: 10:20            |
|-------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 1/7 Lane : 4 Athlete: SEGERS MATHIS |          |          |          |          | Q-time: 01:42:66                    |
| PB (25m pool): 01:42.66 Bree 31/05/2026   |          |          |          |          | PB (50m pool): 01:44.40 SB: no time |
|                                           | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                        |          | 00:51.67 |          | 01:42.66 |                                     |
|                                           | 00:51.67 |          | 00:50.99 |          |                                     |
|                                           | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 23: 100M BACKSTROKE MEN 11+         |          |          |          |          | Heat:2, starttime: 10:23            |
|---------------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 2/7 Lane : 2 Athlete: BIESIADECKI ALEXANDER |          |          |          |          | Q-time: 01:36:37                    |
| PB (25m pool): 01:36.37 Herentals 09/05/2026      |          |          |          |          | PB (50m pool): 01:42.63 SB: no time |
|                                                   | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                                |          | 00:47.42 |          | 01:36.37 |                                     |
|                                                   | 00:47.42 |          | 00:48.95 |          |                                     |
|                                                   | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 23: 100M BACKSTROKE MEN 11+    |          |          |          |          | Heat:3, starttime: 10:26            |
|----------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 3/7 Lane : 8 Athlete: SEGERS FERRE     |          |          |          |          | Q-time: 01:32:74                    |
| PB (25m pool): 01:32.74 Eindhoven 28/06/2026 |          |          |          |          | PB (50m pool): 01:34.72 SB: no time |
|                                              | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                           |          | 00:46.57 |          | 01:32.74 |                                     |
|                                              | 00:46.57 |          | 00:46.17 |          |                                     |
|                                              | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 23: 100M BACKSTROKE MEN 11+    |          |          |          |          | Heat:4, starttime: 10:28            |
|----------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 4/7 Lane : 1 Athlete: NIJS VIKTOR      |          |          |          |          | Q-time: 01:26:68                    |
| PB (25m pool): 01:26.68 Eindhoven 28/06/2026 |          |          |          |          | PB (50m pool): 01:28.72 SB: no time |
|                                              | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                           |          | 00:43.44 |          | 01:26.68 |                                     |
|                                              | 00:43.44 |          | 00:43.24 |          |                                     |
|                                              | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

# PK KB LIM 26: Session: 3: COACH evaluation sheet for TEAM: DMB

| Event number: 23: 100M BACKSTROKE MEN 11+ |          |          |          |          | Heat:4, starttime: 10:28            |
|-------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 4/7 Lane : 4 Athlete: JORISKES GIJS |          |          |          |          | Q-time: 01:21:24                    |
| PB (25m pool): 01:21.24 Lommel 22/02/2026 |          |          |          |          | PB (50m pool): 01:21.43 SB: no time |
|                                           | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                        |          | 00:40.42 |          | 01:21.24 |                                     |
|                                           | 00:40.42 |          | 00:40.82 |          |                                     |
|                                           | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 23: 100M BACKSTROKE MEN 11+       |          |          |          |          | Heat:5, starttime: 10:31            |
|-------------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 5/7 Lane : 6 Athlete: FERREIRA CRAVO ENZO |          |          |          |          | Q-time: 01:18:86                    |
| PB (25m pool): 01:18.86 Lommel 22/02/2026       |          |          |          |          | PB (50m pool): 01:20.27 SB: no time |
|                                                 | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                              |          | 00:40.00 |          | 01:18.86 |                                     |
|                                                 | 00:40.00 |          | 00:38.86 |          |                                     |
|                                                 | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 23: 100M BACKSTROKE MEN 11+    |          |          |          |          | Heat:6, starttime: 10:33            |
|----------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 6/7 Lane : 4 Athlete: SERVLANCKX SENNE |          |          |          |          | Q-time: 01:07:66                    |
| PB (25m pool): 01:07.66 Bree 16/02/2025      |          |          |          |          | PB (50m pool): 01:11.74 SB: no time |
|                                              | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                           |          | 00:33.06 |          | 01:07.66 |                                     |
|                                              | 00:33.06 |          | 00:34.60 |          |                                     |
|                                              | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 23: 100M BACKSTROKE MEN 11+    |          |          |          |          | Heat:6, starttime: 10:33            |
|----------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 6/7 Lane : 7 Athlete: BOSMANS VINCE    |          |          |          |          | Q-time: 01:11:74                    |
| PB (25m pool): 01:11.74 Herentals 09/05/2026 |          |          |          |          | PB (50m pool): 01:13.47 SB: no time |
|                                              | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                           |          | 00:35.44 |          | 01:11.74 |                                     |
|                                              | 00:35.44 |          | 00:36.30 |          |                                     |
|                                              | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

# PK KB LIM 26: Session: 3: COACH evaluation sheet for TEAM: DMB

| Event number: 23: 100M BACKSTROKE MEN 11+ |          |          |          |          | Heat:7, starttime: 10:35            |
|-------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 7/7 Lane : 2 Athlete: EVENS VINCE   |          |          |          |          | Q-time: 01:05:03                    |
| PB (25m pool): 01:05.03 Bree 31/05/2026   |          |          |          |          | PB (50m pool): 01:07.15 SB: no time |
|                                           | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                        |          | 00:31.78 |          | 01:05.03 |                                     |
|                                           | 00:31.78 |          | 00:33.25 |          |                                     |
|                                           | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 23: 100M BACKSTROKE MEN 11+ |          |          |          |          | Heat:7, starttime: 10:35            |
|-------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 7/7 Lane : 3 Athlete: METTEN VINCE  |          |          |          |          | Q-time: 01:01:87                    |
| PB (25m pool): 01:01.87 Bree 31/05/2026   |          |          |          |          | PB (50m pool): 01:04.01 SB: no time |
|                                           | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                        |          | 00:30.48 |          | 01:01.87 |                                     |
|                                           | 00:30.48 |          | 00:31.39 |          |                                     |
|                                           | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 23: 100M BACKSTROKE MEN 11+    |         |         |       |          | Heat:7, starttime: 10:35            |
|----------------------------------------------|---------|---------|-------|----------|-------------------------------------|
| Heat: 7/7 Lane : 6 Athlete: VEESTRAETEN MATS |         |         |       |          | Q-time: 01:02:76                    |
| PB (25m pool): 01:02.00 Pelt 08/10/2023      |         |         |       |          | PB (50m pool): 01:03.37 SB: no time |
|                                              | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                     |
| PB                                           |         | no time |       | 01:02.00 |                                     |
|                                              | no time |         |       |          |                                     |
|                                              | .....   | .....   | ..... | .....    |                                     |

Coach feedback:

| Event number: 24: 200M BREASTSTROKE WOMEN 13+         |           |           |           |                                    |           |           | Heat:1, starttime: 10:52 |           |
|-------------------------------------------------------|-----------|-----------|-----------|------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 1/3    Lane : 3    Athlete: VANDEWAERDE OOB     |           |           |           |                                    |           |           | Q-time: 03:15:76         |           |
| PB (25m pool): 03:34.36    3500 Hasselt    24/11/2024 |           |           |           | PB (50m pool): 03:15.76SB: no time |           |           |                          |           |
|                                                       | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                              | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                                    |           | 00:48.90  |           | 01:44.60                           |           | 02:40.10  |                          | 03:34.36  |
|                                                       | 00:48.90  |           | 00:55.70  |                                    | 00:55.50  |           | 00:54.26                 |           |
|                                                       | . . . . . | . . . . . | . . . . . | . . . . .                          | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

# PK KB LIM 26: Session: 3: COACH evaluation sheet for TEAM: DMB

| Event number: 24: 200M BREASTSTROKE WOMEN 13+      |           |           |           |                                    |           |           | Heat:2, starttime: 10:57 |           |
|----------------------------------------------------|-----------|-----------|-----------|------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 2/3    Lane : 2    Athlete: VANGELOVEN FRAN  |           |           |           |                                    |           |           | Q-time: 03:04:68         |           |
| PB (25m pool): 03:02.32    De Sprink    22/12/2024 |           |           |           | PB (50m pool): 03:04.68SB: no time |           |           |                          |           |
|                                                    | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                              | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                                 |           | 00:40.25  |           | 01:27.84                           |           | no time   |                          | 03:02.32  |
|                                                    | 00:40.25  |           | 00:47.59  |                                    |           |           |                          |           |
|                                                    | . . . . . | . . . . . | . . . . . | . . . . .                          | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 24: 200M BREASTSTROKE WOMEN 13+    |           |           |           |                                    |           |           | Heat:2, starttime: 10:57 |           |
|--------------------------------------------------|-----------|-----------|-----------|------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 2/3    Lane : 3    Athlete: RUELENS COBIEN |           |           |           |                                    |           |           | Q-time: 02:59:28         |           |
| PB (25m pool): 02:59.28    Hasselt 12/10/2025    |           |           |           | PB (50m pool): 03:01.28SB: no time |           |           |                          |           |
|                                                  | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                              | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                               |           | 00:41.48  |           | 01:27.85                           |           | 02:14.74  |                          | 02:59.28  |
|                                                  | 00:41.48  |           | 00:46.37  |                                    | 00:46.89  |           | 00:44.54                 |           |
|                                                  | . . . . . | . . . . . | . . . . . | . . . . .                          | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 24: 200M BREASTSTROKE WOMEN 13+  |           |           |           |                                    |           |           | Heat:2, starttime: 10:57 |           |
|------------------------------------------------|-----------|-----------|-----------|------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 2/3    Lane : 6    Athlete: NOUWEN FLEUR |           |           |           |                                    |           |           | Q-time: 03:04:34         |           |
| PB (25m pool): 03:09.19    Hasselt 12/10/2025  |           |           |           | PB (50m pool): 03:04.34SB: no time |           |           |                          |           |
|                                                | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                              | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                             |           | 00:43.79  |           | 01:34.28                           |           | 02:23.24  |                          | 03:09.19  |
|                                                | 00:43.79  |           | 00:50.49  |                                    | 00:48.96  |           | 00:45.95                 |           |
|                                                | . . . . . | . . . . . | . . . . . | . . . . .                          | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 24: 200M BREASTSTROKE WOMEN 13+     |           |           |           |                                     |           |           | Heat:3, starttime: 11:00 |           |
|---------------------------------------------------|-----------|-----------|-----------|-------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 3/3    Lane : 8    Athlete: LAMBRIGTS GITTE |           |           |           |                                     |           |           | Q-time: 02:56:11         |           |
| PB (25m pool): 03:18.79    Bilzen 12/01/2025      |           |           |           | PB (50m pool): 02:56.11 SB: no time |           |           |                          |           |
|                                                   | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                               | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                                |           | 00:43.09  |           | 01:33.14                            |           | 02:27.14  |                          | 03:18.79  |
|                                                   | 00:43.09  |           | 00:50.05  |                                     | 00:54.00  |           | 00:51.65                 |           |
|                                                   | . . . . . | . . . . . | . . . . . | . . . . .                           | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

# PK KB LIM 26: Session: 3: COACH evaluation sheet for TEAM: DMB

| Event number: 25: 400M MEDLEY MEN 13+             |           |           |           |                                    |           |           | Heat:1, starttime: 11:04 |           |
|---------------------------------------------------|-----------|-----------|-----------|------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 1/2    Lane : 3    Athlete: WALTERUS KILYAN |           |           |           |                                    |           |           | Q-time: 05:38:11         |           |
| PB (25m pool): 05:38.11    Bilzen 12/01/2025      |           |           |           | PB (50m pool): 05:36.14SB: no time |           |           |                          |           |
|                                                   | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M                            | 1 2 5 M   | 1 5 0 M   | 1 7 5 M                  | 2 0 0 M   |
| PB                                                |           | 00:35.45  |           | 01:20.29                           |           | 02:05.76  |                          | 02:48.14  |
|                                                   | 00:35.45  |           | 00:44.84  |                                    | 00:45.47  |           | 00:42.38                 |           |
|                                                   | . . . . . | . . . . . | . . . . . | . . . . .                          | . . . . . | . . . . . | . . . . .                | . . . . . |
|                                                   | 2 2 5 M   | 2 5 0 M   | 2 7 5 M   | 3 0 0                              | 3 2 5     | 3 5 0     | 3 7 5                    | 4 0 0 M   |
| PB                                                |           | 03:36.34  |           | 04:25.23                           |           | 05:03.54  |                          | 05:38.11  |
|                                                   | 00:48.20  |           | 00:48.89  |                                    | 00:38.31  |           | 00:34.57                 |           |
|                                                   | . . . . . | . . . . . | . . . . . | . . . . .                          | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 25: 400M MEDLEY MEN 13+             |           |           |           |                                    |           |           | Heat:1, starttime: 11:04 |           |
|---------------------------------------------------|-----------|-----------|-----------|------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 1/2    Lane : 4    Athlete: VANDIJCK SAMUEL |           |           |           |                                    |           |           | Q-time: 05:32:23         |           |
| PB (25m pool): 05:32.23    Bilzen 12/01/2025      |           |           |           | PB (50m pool): 05:30.84SB: no time |           |           |                          |           |
|                                                   | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M                            | 1 2 5 M   | 1 5 0 M   | 1 7 5 M                  | 2 0 0 M   |
| PB                                                |           | 00:33.92  |           | 01:15.35                           |           | 01:59.17  |                          | 02:40.48  |
|                                                   | 00:33.92  |           | 00:41.43  |                                    | 00:43.82  |           | 00:41.31                 |           |
|                                                   | . . . . . | . . . . . | . . . . . | . . . . .                          | . . . . . | . . . . . | . . . . .                | . . . . . |
|                                                   | 2 2 5 M   | 2 5 0 M   | 2 7 5 M   | 3 0 0                              | 3 2 5     | 3 5 0     | 3 7 5                    | 4 0 0 M   |
| PB                                                |           | 03:29.99  |           | 04:20.45                           |           | 04:57.80  |                          | 05:32.23  |
|                                                   | 00:49.51  |           | 00:50.46  |                                    | 00:37.35  |           | 00:34.43                 |           |
|                                                   | . . . . . | . . . . . | . . . . . | . . . . .                          | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 25: 400M MEDLEY MEN 13+           |           |           |           |                                    |           |           | Heat:1, starttime: 11:04 |           |
|-------------------------------------------------|-----------|-----------|-----------|------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 1/2    Lane : 5    Athlete: TIELEN SANDER |           |           |           |                                    |           |           | Q-time: 05:35:38         |           |
| PB (25m pool): 05:35.38    Beringen 03/03/2024  |           |           |           | PB (50m pool): 05:51.33SB: no time |           |           |                          |           |
|                                                 | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M                            | 1 2 5 M   | 1 5 0 M   | 1 7 5 M                  | 2 0 0 M   |
| PB                                              |           | no time   |           | no time                            |           | no time   |                          | no time   |
|                                                 | no time   |           |           |                                    |           |           |                          |           |
|                                                 | . . . . . | . . . . . | . . . . . | . . . . .                          | . . . . . | . . . . . | . . . . .                | . . . . . |
|                                                 | 2 2 5 M   | 2 5 0 M   | 2 7 5 M   | 3 0 0                              | 3 2 5     | 3 5 0     | 3 7 5                    | 4 0 0 M   |
| PB                                              |           | no time   |           | no time                            |           | no time   |                          | 05:35.38  |
|                                                 |           |           |           |                                    |           |           |                          |           |
|                                                 | . . . . . | . . . . . | . . . . . | . . . . .                          | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

# PK KB LIM 26: Session: 3: COACH evaluation sheet for TEAM: DMB

| Event number: 25: 400M MEDLEY MEN 13+         |           |           |           |                                     |           |           | Heat:2, starttime: 11:11 |           |
|-----------------------------------------------|-----------|-----------|-----------|-------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 2/2    Lane : 1    Athlete: DAEMEN JUUL |           |           |           |                                     |           |           | Q-time: 05:28:04         |           |
| PB (25m pool): 05:28.04    Bilzen 12/01/2025  |           |           |           | PB (50m pool): 05:51.72 SB: no time |           |           |                          |           |
|                                               | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M                             | 1 2 5 M   | 1 5 0 M   | 1 7 5 M                  | 2 0 0 M   |
| PB                                            |           | 00:34.44  |           | 01:16.26                            |           | no time   |                          | no time   |
|                                               | 00:34.44  |           | 00:41.82  |                                     |           |           |                          |           |
|                                               | . . . . . | . . . . . | . . . . . | . . . . .                           | . . . . . | . . . . . | . . . . .                | . . . . . |
|                                               | 2 2 5 M   | 2 5 0 M   | 2 7 5 M   | 3 0 0                               | 3 2 5     | 3 5 0     | 3 7 5                    | 4 0 0 M   |
| PB                                            |           | no time   |           | no time                             |           | no time   |                          | 05:28.04  |
|                                               |           |           |           |                                     |           |           |                          |           |
|                                               | . . . . . | . . . . . | . . . . . | . . . . .                           | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 25: 400M MEDLEY MEN 13+           |           |           |           |                                    |           |           | Heat:2, starttime: 11:11 |           |
|-------------------------------------------------|-----------|-----------|-----------|------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 2/2    Lane : 6    Athlete: DRIESEN SIEBE |           |           |           |                                    |           |           | Q-time: 05:07:36         |           |
| PB (25m pool): 05:07.36    Hasselt 12/10/2025   |           |           |           | PB (50m pool): 05:23.00SB: no time |           |           |                          |           |
|                                                 | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M                            | 1 2 5 M   | 1 5 0 M   | 1 7 5 M                  | 2 0 0 M   |
| PB                                              |           | 00:30.17  |           | 01:07.74                           |           | 01:47.02  |                          | 02:25.99  |
|                                                 | 00:30.17  |           | 00:37.57  |                                    | 00:39.28  |           | 00:38.97                 |           |
|                                                 | . . . . . | . . . . . | . . . . . | . . . . .                          | . . . . . | . . . . . | . . . . .                | . . . . . |
|                                                 | 2 2 5 M   | 2 5 0 M   | 2 7 5 M   | 3 0 0                              | 3 2 5     | 3 5 0     | 3 7 5                    | 4 0 0 M   |
| PB                                              |           | 03:12.31  |           | 03:59.92                           |           | 04:33.84  |                          | 05:07.36  |
|                                                 | 00:46.32  |           | 00:47.61  |                                    | 00:33.92  |           | 00:33.52                 |           |
|                                                 | . . . . . | . . . . . | . . . . . | . . . . .                          | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 26: 50M FREESTYLE WOMEN 13+          |           |  |           |  |  |  | Heat:4, starttime: 11:20           |  |
|----------------------------------------------------|-----------|--|-----------|--|--|--|------------------------------------|--|
| Heat: 4/8    Lane : 1    Athlete: HUYBREGTS JOLIEN |           |  |           |  |  |  | Q-time: 00:31:68                   |  |
| PB (25m pool): 00:31.68    Herentals 09/05/2026    |           |  |           |  |  |  | PB (50m pool): 00:32.98SB: no time |  |
| PB                                                 | 2 5 M     |  | 5 0 M     |  |  |  |                                    |  |
|                                                    |           |  | 00:31.68  |  |  |  |                                    |  |
|                                                    |           |  | 00:31.68  |  |  |  |                                    |  |
|                                                    | . . . . . |  | . . . . . |  |  |  |                                    |  |

Coach feedback:

# PK KB LIM 26: Session: 3: COACH evaluation sheet for TEAM: DMB

| Event number: 26: 50M FREESTYLE WOMEN 13+                                                     |       |          | Heat:4, starttime: 11:20 |
|-----------------------------------------------------------------------------------------------|-------|----------|--------------------------|
| Heat: 4/8 Lane : 6 Athlete: JORISKES LORE                                                     |       |          | Q-time: 00:30:68         |
| PB (25m pool): 00:30.68 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:31.55 SB: no time |       |          |                          |
|                                                                                               | 2 5 M | 5 0 M    |                          |
| PB                                                                                            |       | 00:30.68 |                          |
|                                                                                               |       | 00:30.68 |                          |
|                                                                                               | ..... | .....    |                          |

Coach feedback:

| Event number: 26: 50M FREESTYLE WOMEN 13+                                           |       |          | Heat:5, starttime: 11:21 |
|-------------------------------------------------------------------------------------|-------|----------|--------------------------|
| Heat: 5/8 Lane : 6 Athlete: KERKHOF KAAT                                            |       |          | Q-time: 00:30:34         |
| PB (25m pool): 00:30.22 3500 Hasselt 28/04/2024 PB (50m pool): 00:30.34 SB: no time |       |          |                          |
|                                                                                     | 2 5 M | 5 0 M    |                          |
| PB                                                                                  |       | 00:30.22 |                          |
|                                                                                     |       | 00:30.22 |                          |
|                                                                                     | ..... | .....    |                          |

Coach feedback:

| Event number: 26: 50M FREESTYLE WOMEN 13+                                                     |       |          | Heat:6, starttime: 11:22 |
|-----------------------------------------------------------------------------------------------|-------|----------|--------------------------|
| Heat: 6/8 Lane : 7 Athlete: BOUSSON JULIE                                                     |       |          | Q-time: 00:30:06         |
| PB (25m pool): 00:30.06 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:30.21 SB: no time |       |          |                          |
|                                                                                               | 2 5 M | 5 0 M    |                          |
| PB                                                                                            |       | 00:30.06 |                          |
|                                                                                               |       | 00:30.06 |                          |
|                                                                                               | ..... | .....    |                          |

Coach feedback:

| Event number: 26: 50M FREESTYLE WOMEN 13+                                                     |       |          | Heat:6, starttime: 11:22 |
|-----------------------------------------------------------------------------------------------|-------|----------|--------------------------|
| Heat: 6/8 Lane : 8 Athlete: VANHEESWIJCK AMELEA                                               |       |          | Q-time: 00:30:18         |
| PB (25m pool): 00:30.47 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:30.18 SB: no time |       |          |                          |
|                                                                                               | 2 5 M | 5 0 M    |                          |
| PB                                                                                            |       | 00:30.47 |                          |
|                                                                                               |       | 00:30.47 |                          |
|                                                                                               | ..... | .....    |                          |

Coach feedback:

# PK KB LIM 26: Session: 3: COACH evaluation sheet for TEAM: DMB

| Event number: 26: 50M FREESTYLE WOMEN 13+ |       |          | Heat:7, starttime: 11:23            |
|-------------------------------------------|-------|----------|-------------------------------------|
| Heat: 7/8 Lane : 2 Athlete: WEVER'S GITTE |       |          | Q-time: 00:29:24                    |
| PB (25m pool): 00:29.24 Bree 21/12/2025   |       |          | PB (50m pool): 00:29.57 SB: no time |
|                                           | 2 5 M | 5 0 M    |                                     |
| PB                                        |       | 00:29.24 |                                     |
|                                           |       | 00:29.24 |                                     |
|                                           | ..... | .....    |                                     |

Coach feedback:

| Event number: 26: 50M FREESTYLE WOMEN 13+                 |       |          | Heat:7, starttime: 11:23            |
|-----------------------------------------------------------|-------|----------|-------------------------------------|
| Heat: 7/8 Lane : 5 Athlete: SCHOUTEDEN NIENTKE            |       |          | Q-time: 00:28:91                    |
| PB (25m pool): 00:28.91 Stedelijk Zwembad Geel 15/02/2026 |       |          | PB (50m pool): 00:30.03 SB: no time |
|                                                           | 2 5 M | 5 0 M    |                                     |
| PB                                                        |       | 00:28.91 |                                     |
|                                                           |       | 00:28.91 |                                     |
|                                                           | ..... | .....    |                                     |

Coach feedback:

| Event number: 26: 50M FREESTYLE WOMEN 13+                 |       |          | Heat:8, starttime: 11:24            |
|-----------------------------------------------------------|-------|----------|-------------------------------------|
| Heat: 8/8 Lane : 1 Athlete: THEUWISSEN NORE               |       |          | Q-time: 00:28:33                    |
| PB (25m pool): 00:28.33 Stedelijk Zwembad Geel 15/02/2026 |       |          | PB (50m pool): 00:29.34 SB: no time |
|                                                           | 2 5 M | 5 0 M    |                                     |
| PB                                                        |       | 00:28.33 |                                     |
|                                                           |       | 00:28.33 |                                     |
|                                                           | ..... | .....    |                                     |

Coach feedback:

| Event number: 27: 50M BREASTSTROKE MEN 13+  |       |          | Heat:1, starttime: 11:26            |
|---------------------------------------------|-------|----------|-------------------------------------|
| Heat: 1/3 Lane : 2 Athlete: GEUTJENS MAXIME |       |          | Q-time: 00:40:41                    |
| PB (25m pool): 00:40.41 Bree 31/05/2026     |       |          | PB (50m pool): 00:40.79 SB: no time |
|                                             | 2 5 M | 5 0 M    |                                     |
| PB                                          |       | 00:40.41 |                                     |
|                                             |       | 00:40.41 |                                     |
|                                             | ..... | .....    |                                     |

Coach feedback:

# PK KB LIM 26: Session: 3: COACH evaluation sheet for TEAM: DMB

| Event number: 27: 50M BREASTSTROKE MEN 13+  |       |          | Heat:1, starttime: 11:26            |
|---------------------------------------------|-------|----------|-------------------------------------|
| Heat: 1/3 Lane : 4 Athlete: WALTERUS KILYAN |       |          | Q-time: 00:35:94                    |
| PB (25m pool): 00:35.94 Bree 31/05/2026     |       |          | PB (50m pool): 00:36.20 SB: no time |
|                                             | 2 5 M | 5 0 M    |                                     |
| PB                                          |       | 00:35.94 |                                     |
|                                             |       | 00:35.94 |                                     |
|                                             | ..... | .....    |                                     |

Coach feedback:

| Event number: 27: 50M BREASTSTROKE MEN 13+   |       |          | Heat:2, starttime: 11:27            |
|----------------------------------------------|-------|----------|-------------------------------------|
| Heat: 2/3 Lane : 5 Athlete: VEESTRAETEN MATS |       |          | Q-time: 00:33:68                    |
| PB (25m pool): 00:33.68 LEUVEN 23/11/2025    |       |          | PB (50m pool): 00:35.90 SB: no time |
|                                              | 2 5 M | 5 0 M    |                                     |
| PB                                           |       | 00:33.68 |                                     |
|                                              |       | 00:33.68 |                                     |
|                                              | ..... | .....    |                                     |

Coach feedback:

| Event number: 27: 50M BREASTSTROKE MEN 13+ |       |          | Heat:3, starttime: 11:28            |
|--------------------------------------------|-------|----------|-------------------------------------|
| Heat: 3/3 Lane : 3 Athlete: DAEMEN TUUR    |       |          | Q-time: 00:32:21                    |
| PB (25m pool): 00:32.21 Bree 31/05/2026    |       |          | PB (50m pool): 00:32.50 SB: no time |
|                                            | 2 5 M | 5 0 M    |                                     |
| PB                                         |       | 00:32.21 |                                     |
|                                            |       | 00:32.21 |                                     |
|                                            | ..... | .....    |                                     |

Coach feedback:

| Event number: 27: 50M BREASTSTROKE MEN 13+ |       |          | Heat:3, starttime: 11:28            |
|--------------------------------------------|-------|----------|-------------------------------------|
| Heat: 3/3 Lane : 4 Athlete: METTEN VINCE   |       |          | Q-time: 00:30:22                    |
| PB (25m pool): 00:30.28 Bree 21/12/2025    |       |          | PB (50m pool): 00:30.22 SB: no time |
|                                            | 2 5 M | 5 0 M    |                                     |
| PB                                         |       | 00:30.28 |                                     |
|                                            |       | 00:30.28 |                                     |
|                                            | ..... | .....    |                                     |

Coach feedback:

# PK KB LIM 26: Session: 3: COACH evaluation sheet for TEAM: DMB

|                                                                                               |           |           |                          |
|-----------------------------------------------------------------------------------------------|-----------|-----------|--------------------------|
| Event number: 27: 50M BREASTSTROKE MEN 13+                                                    |           |           | Heat:3, starttime: 11:28 |
| Heat: 3/3 Lane : 7 Athlete: SERVVRANCKX SENNE                                                 |           |           | Q-time: 00:32:77         |
| PB (25m pool): 00:32.77 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:33.75 SB: no time |           |           |                          |
|                                                                                               | 2 5 M     | 5 0 M     |                          |
| PB                                                                                            |           | 00:32.77  |                          |
|                                                                                               |           | 00:32.77  |                          |
|                                                                                               | . . . . . | . . . . . |                          |

Coach feedback: